



Country Life Community Care

Innovating Community Services Workshop

30th March 2007

*Country Life Community Care
Adding Value to Life*

www.ecsm.org.au/clcc.htm



COUNTRY LIFE COMMUNITY CARE

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AGENDA

'INNOVATING COMMUNITY SERVICES WORKSHOP'

Strathalbyn Council Chambers
1 Colman Terrace Strathalbyn
Friday March 30th @ 11.30 am

11.30 am	WELCOME AND INTRODUCTIONS	Lew McMaster, <i>(Chairman Country Life Community Care Inc.)</i>
11.40 am	OFFICIAL OPENING OF WORKSHOP	The Hon. Alexander Downer, MHR, Member for Mayo & Minister for Foreign Affairs
11.55 am	KEYNOTE ADDRESS:	DR PAUL WHETHAM <i>(Lifeboat Skills)</i>
12.25 pm	CORPORATE CONTEXT	Nigel O'Reilley <i>(Director Emmanuel Christian Schools and Ministries)</i>
12.35 pm	THE JOURNEY TO DATE	Lew McMaster
12.45 pm	COMMUNITY NEEDS SURVEY AND GAP ANALYSIS	
1.00 pm	LUNCH	
1.30 pm	STRATEGIES FOR SERVICE DELIVERY NEXT STEPS	Gary Clarke <i>(Lifting Lids)</i>
3.30 pm	WORKSHOP SUMMARY	Nigel O'Reilley
3.45 pm	VOTE OF THANKS AND CLOSE	Nigel O'Reilley



Who we are:

Country Life Community Care (CLCC) is a new organisation which is dedicated to providing Care, Assistance and Strategic Services to people in the Fleurieu and Murraylands region. Sponsored by Emmanuel Christian Schools Ministries Inc., CLCC has been invited to apply to Department of Transport Regional Affairs for matching funds to complete the construction of a multipurpose building at 30 East terrace Strathalbyn (co-located with Murraylands Christian College), from which to deliver a holistic suite of services to the wider community. CLCC services will complement those provided by other service organisations and stakeholders in our region and partner with them to enhance community capacity and the quality of life.

Our mission:

Country Life Community Care will provide high-quality support, care, assistance and training for individuals and families in the Fleurieu and Murraylands region, thereby contributing to recovery from distress, poverty and misfortune, and enhance the well-being of individuals and families, increasing their capacity to cope with and adapt to change and to achieve a more fulfilling and satisfying lifestyle .

CLCC will complement and strengthen the sustainability of existing regional service providers and contribute to the building of community well-being by:-

- Offering support and compassion for those who are facing personal or relational distress, trauma, hardship or isolation.
- Offering care and assistance to those who are experiencing poverty, destitution, suffering or misfortune.
- Assisting people to develop and maintain healthy relationships
- Supporting the efficiency, effectiveness and delivery of services by community and volunteer organizations;
- Developing community capacity, including the next generation of community leaders;
- Developing effective strategies for responding to children with challenging behaviours and youth at risk
- Providing an Opportunity Shop service for the benefit of the needy in the community

Current status:

Our team is researching Alexandrina Council region to identify opportunities to serve the community. Full development consent has been granted by Council to construct a multipurpose centre at 30 East terrace Strathalbyn and our team is liaising with regional stakeholders to qualify for a Commonwealth grant under the Regional Partnerships scheme to help launch services in the mid-2007. The multipurpose centre will be available to other service providers. Widespread support is being registered for our proposal by other service providers and members of the general community.

The Heart and Culture of Country Life Community Care:

As the name suggests, Country Life Community Care is about "care". This attitude of care will permeate everything that is done. An attitude of care necessitates considering the process and the journey as much as the outcome. The heart of this service is sourced in Luke chapter 4: 14 - 19, the last two verses of which speak of providing practical support and help to those who struggle, are disadvantaged or face adversity.

Because of this:

- We will be vigorous, optimistic and unified in pursuit of our goals.
- We will work together with other service providers to provide great things for individuals and families in our region
- We will be a strong and inspirational source of encouragement for individuals and families in our region.

Values Statement

- We believe passionately in the uniqueness and potential of the individual and in the role of the family as the basic social unit of society
- We believe in the importance of nurturing relationships through care and compassion
- We accept only the highest ethical and professional standards.
- We respect and are strengthened by diversity
- We embrace a culture of support, encouragement and networking
- We promote a spirit of openness, mutual trust and collaborative partnerships.
- We are committed to a process of innovation and continuous improvement in serving our community
- We aspire to excellence in all that we do
- We seek to establish relationships of openness and honesty
- We seek to believe the best.
- We will always declare our commitment.

Community Wellness

Making a difference in our community

Paul Whetham
University of South Australia

30th March 2007

Community Wellness Outline

Built for adventure, community & relationships

Toward a sustainable future

Implications for community services

Implications for helping professionals

Implications for all of us!

1. Built for adventure, community & relationships

Community snapshot

Home under fire

2:3 families double income

1:3 households <\$20,000 combined income

1:2 marriages end in divorce

Lowest-ever birth rate & lowest marriage rate for 100yrs

Shrinking households (1:4 live alone) & growing homes (50% > 20yrs ago)

More phone calls in one day than during the entire year of 1983

Average Aust household has 3 TV's

TV violence - 1500 murders seen < 12yrs

50,000 pedophiles on-line at any time (Aus Fed Police)

1:2 children in chat rooms have been approached by a stranger to meet in real life

1:10 children who agree to meet strangers tell their parents (Aus Gov internet safety advisory body)

1:4 UK homes have a kitchen table; of those with a table 1:5 use it for meals

Work under fire

30 million UK lost working days to stress (~5-10% gross national product per annum)

Link between not happy at work and not well (meta-analysis of ~30,000 studies)

30yrs ago job-for-life/dedicated role/primitive communications,
now contracts/multi-skilling/mobile communications

Office research, the 36 min cycle

- 11 min on task (switch to e-mail/web/word every 3 min) before interrupted
- Return to original task 25min > disruption

Society under fire

1:4 young people unemployed

1:5 12yo's regularly have 3 alcoholic drinks/week

1:5 16-17 yo's have up to 7 drinks/day

1:200 homeless each night (>100,000 ie >1930's Depression) but accomm for only 15%

46% homeless <24yrs; 42% women; 50,000 children/year present with parents to services

1:4 mental illness; 3:4 onset age < 25yrs; 1:10 seek help

400% increase in SA 'emergency' psychiatric admissions

90c of every health \$ is spent on people dead in a year

... enter the paid professional!

2. Toward a Sustainable Future - Implications for community services

What's Upstream?

Hungry person story
Individual & environment

Modernity

"Our mechanised mobility and velocity have most likely traumatised us subconsciously, we have burnt out our mental and emotional tastebuds. Modernity says we can handle it – just as it was said that the forest could handle it. Modernity says we can sort out way through it and think our way through it because there is no limit to human cleverness. Modernity also says we can do anything, be anything and deal with it – the visual and sonic cacophony edited and magnified and rubbed in our faces. The rape of the soul"

-Leunig, The Age 30/12/06

Rethinking Health & Well-being

A popular definition of health:

"Health is a state of complete physical, mental and social well-being and not merely the absence of disease and infirmity" (WHO, 1946)

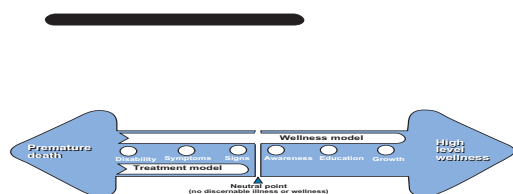
A Holistic View of Wellness Includes:

Physical
Occupational
Emotional
Mental
Social
Spiritual

Faith: The Forgotten Factor

"In some respects the links between religious faith and mental health are impressive – more so than many social scientists suspect. In America, religious people are much less likely to become delinquent, to abuse drugs and alcohol, to divorce or be unhappily married, or to commit suicide. Religiously active people even tend to be physically healthier and to live longer."

- Myers (2005)



Rethinking Mental Health

Wellness model
 Population health
 Risk and protective factors
 Positive psychology
 Innovative outreach approaches
 New Policy: Promotion; Prevention; Early intervention

Mental Health Strategy/SSABSA Priority

To improve students' mental health literacy.

"Despite the importance of adolescence and early adulthood in the aetiology of mental health problems and mental disorders, young people tend to be poorly informed, and improving the mental health literacy of young people is of vital importance for mental health"

- National Mental Health Strategy, 2000, p.80

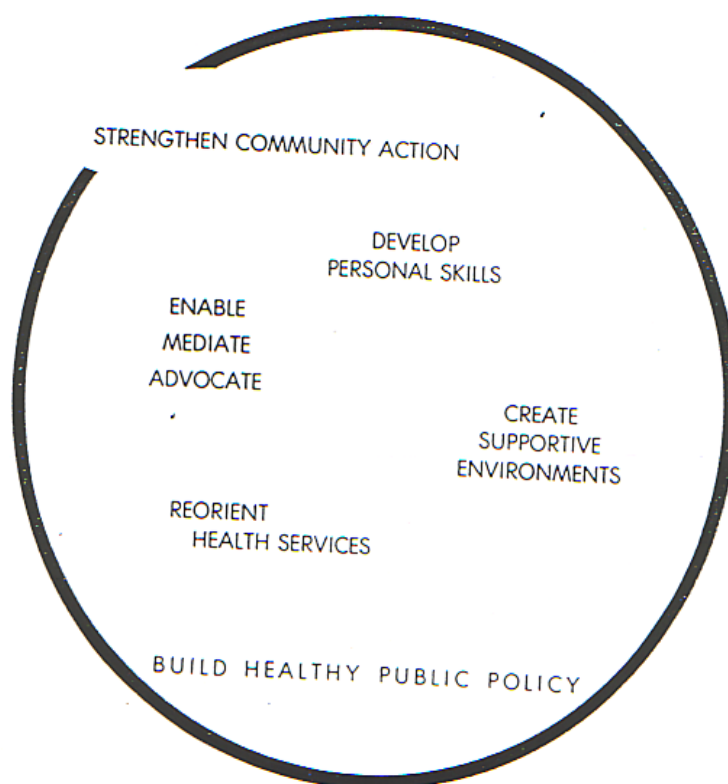
Australia's Mental Health Strategy Aims to

Improve public health strategies to promote mental health
 Decrease incidence and prevalence of mental illness
 Reduce number of suicides
 Increase consumer and carer satisfaction with clinical staff
 Improve mental health literacy at all levels
 Psychological resilience

Old Paradigm	New Paradigm
<p><i>Deficit-based models</i> Focus on correcting peoples' weaknesses or problems</p>	<p><i>Strengths-based models</i> Recognise the assets and talents of people, and help people use these competencies to strengthen functioning</p>
<p><i>Treatment models</i> Focus on remediation of a disorder, problem, or disease, or its consequences</p>	<p><i>Promotion models</i> Focus on enhancement and optimisation of competence and positive functioning</p>
<p><i>Expertise models</i> Depend on professional expertise to solve problems for people</p>	<p><i>Empowerment models</i> Create opportunities for people to exercise existing capabilities as well as develop new competencies</p>
<p><i>Service-based models</i> Define practices primarily in terms of professional services</p>	<p><i>Resource-based models</i> Define practices in terms of a broad range of community opportunities and experiences</p>
<p><i>Professionally-centred models</i> View professionals as experts who determine the needs of people from their own as opposed to other people's perspectives</p>	<p><i>Family-centred models</i> View professionals as agents of families and responsive to family desires and concerns</p>



APPENDIX 1-1: OTTAWA CHARTER FOR HEALTH PROMOTION



The first International Conference on Health Promotion, meeting in Ottawa this 21st day of November 1986, hereby presents this charter for action to achieve Health for All by the year 2000 and beyond.

3. Toward a Sustainable Future - Implications for health professionals

Stress

- ❑ Positive or negative experience
- ❑ Can be creative energy
- ❑ Can be motivation for change
- ❑ Adaptation is key
- ❑ Healthy if limited amounts

Burnout

- ❑ Mainly a negative experience
- ❑ Emotional & mental exhaustion
- ❑ Stuck in role & poor adaptation
- ❑ Prolonged stress unhealthy
- ❑ Linked to health & abuse issues

City of Churches snapshot

- ❑ 80 Catholic priests/year ordained in 1970s; 1 in 2003, 0 in 2004
- ❑ 1 or 2 Anglican clergy ordained each year
- ❑ 1:3 (50 of 150) Uniting ministers will retire or > 65 yrs in next 6 years
- ❑ 'Ministers' Day' introduced for first time to encourage ministers to look after themselves

"Under the Code of Ethics, ministers have a responsibility for self care, but many aren't good at it.... There are times when some of our ministers have forgotten that the Messiah actually took time out. They go around trying to save the world and end up killing themselves and damaging others along the way"

- David Buxton, UC Pastoral Relations & Placements 2006

Future Church

Building church communities... *and* serving wider communities
 Open homes... *and* church/welfare agencies
 Skilled friends.... *and* paid professionals
 Ongoing prayer-support groups.... *and* structured programs

4. Toward a Sustainable Future - Implications for all of us!

Rethinking Programs

Mr Fit study (Syme et al)
 Elaborate, expensive and ambitious
 10hr screen of 500,000 (n=12,000)
 6year intensive clinical trial
 \$180 million
 "control group changed too much!"

The next wave

'Do to' programs questioned
 Funding to community health boards (NT pilot)
 Health services become purchasers
 More what and why services
 Ramifications
 Innovative outreach approaches

6/11/16
1986

	Traditional Remedial Approaches		Innovative Outreach Approaches	
1. Type of Problem	Acute Problem	Felt need	Growth or developmental task	Pre-awareness
2. Receiver of Help	Individual	Formal group	Informal group	Whole community
3. Place of Help	Counselor office	School church or work place	Home or other living place	Natural environment
4. Type of Help	Helping interview	Mutual aid or other group	Self-help	Environmental change
5. Giver of Help	Professional counselors	Para-professional counselors	Lay counselors	Natural helpers
6. Methods of Help	Individual help	Group help	Formal education	Informal education
7. Duration of Help	Long-term, many sessions	Short-term/brief therapy	Informal talks	Life-span help

(Figure 1.) The Outreach Model of Counseling

(Adapted from Chris Hatcher and Bonnie S. Brooks, *Innovations in Counseling Psychology*, p.21.)

Lifeboat Skills

www.lifeboatskills.com

Lifeboat: "a robust buoyant boat for use in saving lives at sea"

- practical self-care and skills training
- faith, friends & fun!
- prevention better than cure

View from above

"It is always easier to do things for people than to help them find their human dignity and self-respect by doing things for themselves. When we do too much, not helping others to grow or take responsibility for themselves are we not just serving ourselves? – seeking power and a pedestal?" - Vanier (1988, p.110)

Some Important Skills (TS Eliot)

1. Teach me to care
2. Teach me not to care
3. Teach me to sit still







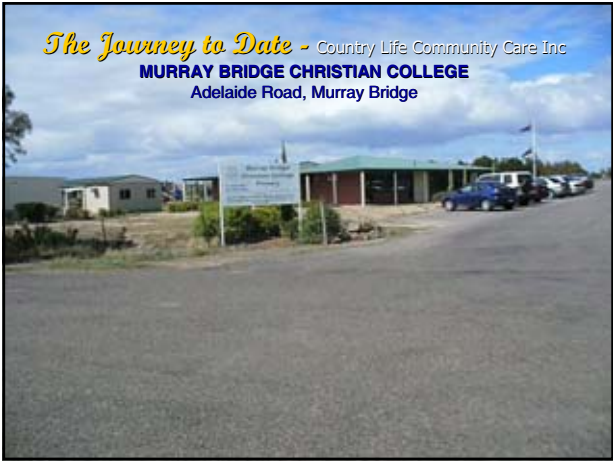


The Journey to Date - Country Life Community Care Inc

- Within 12 months our enrolments grew from 10 to 52 students and through student/parent engagement we began to sense the needs of the wider community
- With the start of junior secondary services in the mid-late 1990's and the growing demand for our service we began looking to plant a second school primary at Murray Bridge. (Strathalbyn Christian Schools Inc. change its name to Murraylands Christian College with the onset of the secondary services and currently has an enrolment of close to 400 students operating K-13)
- Murray Bridge Christian College is a K-7 primary school, which commenced new 2000 at 136 Adelaide Rd and currently has a little over 90 students
- It was in the Murray Bridge school that the needs and challenges/pain in the wider community started to significantly register.

The Journey to Date - Country Life Community Care Inc

- Murray Bridge is a very needy community and various socio-economic policies substantiate that. Student behavioural challenges alerted us to the fact the fact that there were some very real problems in their homes.
- Put simply struggling families usually have children that struggle at the school and we believe that a sound and balanced education is one key to a better life and eventually over time, a better/healthier community.
- Add to this the fact that every child in Australia by law has to attend school and you realise that the classroom is a good indicator of what's going on in the wider community
- It also means that if you're going to be effective in delivering educational services you cannot ignore what is happening at home











The Journey to Date - Country Life Community Care Inc

- In 2001 I began discussions with the district manager for Family and Youth Services (FAYS) at Murray Bridge on what we could do to address the needs of students families. They confirmed the problem and were desperate for help
- Generally speaking FAYS said that "**Happy parents = Happy kids**" and that about 30% of families need parent-aide help/support in the home. Support families needed included parenting courses, financial counselling & family therapy
- Our concern was that we were potentially facing significant intergenerational dysfunction, unless something is done to encourage change in student homes. How can we break the cycle?
- After discussion other stakeholders an application was made to the Commonwealth Government for funds to develop and operate a Family Support Centre Service under the Strengthening Families and Community Grant Scheme in 20002/3 (Bussing-in parents to a purpose-built facility with child-minding service for up-skilling after the kids went into school)

The Journey to Date - Country Life Community Care Inc

- We were unsuccessful, but our passion and commitment to try and do something constructive about the problem simply grew more intense over time - we wanted to be part of the solution to what we saw as a community-wide problem.
- Last year, we were successful in winning full development consent from local government to construct a Multipurpose Building at East terrace at our own expense
- The building was to be used as a platform to deliver services to the local community and at that point in time we particularly had in mind families of students at the local schools (= starting point)
- About the time we committed the builder to pour the slab, we became aware that we may be eligible for matching funds under the Regional Partnerships Grant scheme

The Journey to Date - Country Life Community Care Inc





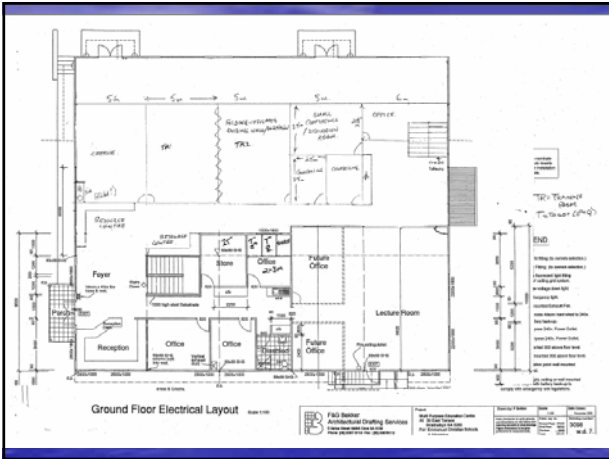


The Journey to Date - Country Life Community Care Inc

- Further construction was halted, and we began the journey to research and put together an argument for matching funds to complete, equip and deliver a holistic set of services from the building.
- This led to :
 - the community needs survey was conducted October/November last year
 - an awareness/discovery of how much a general purpose facility is needed by other service providers to the wider community

The Journey to Date - Country Life Community Care Inc

- The demand for using the facility has also led us to revisit our internal building design and our architect and builder are currently look at ways we might extend what is now a mezzanine to make an entire first floor, with training rooms and other special-purpose areas - increasing the potential for concurrent use and programs, subject of course to local Council approval and finance

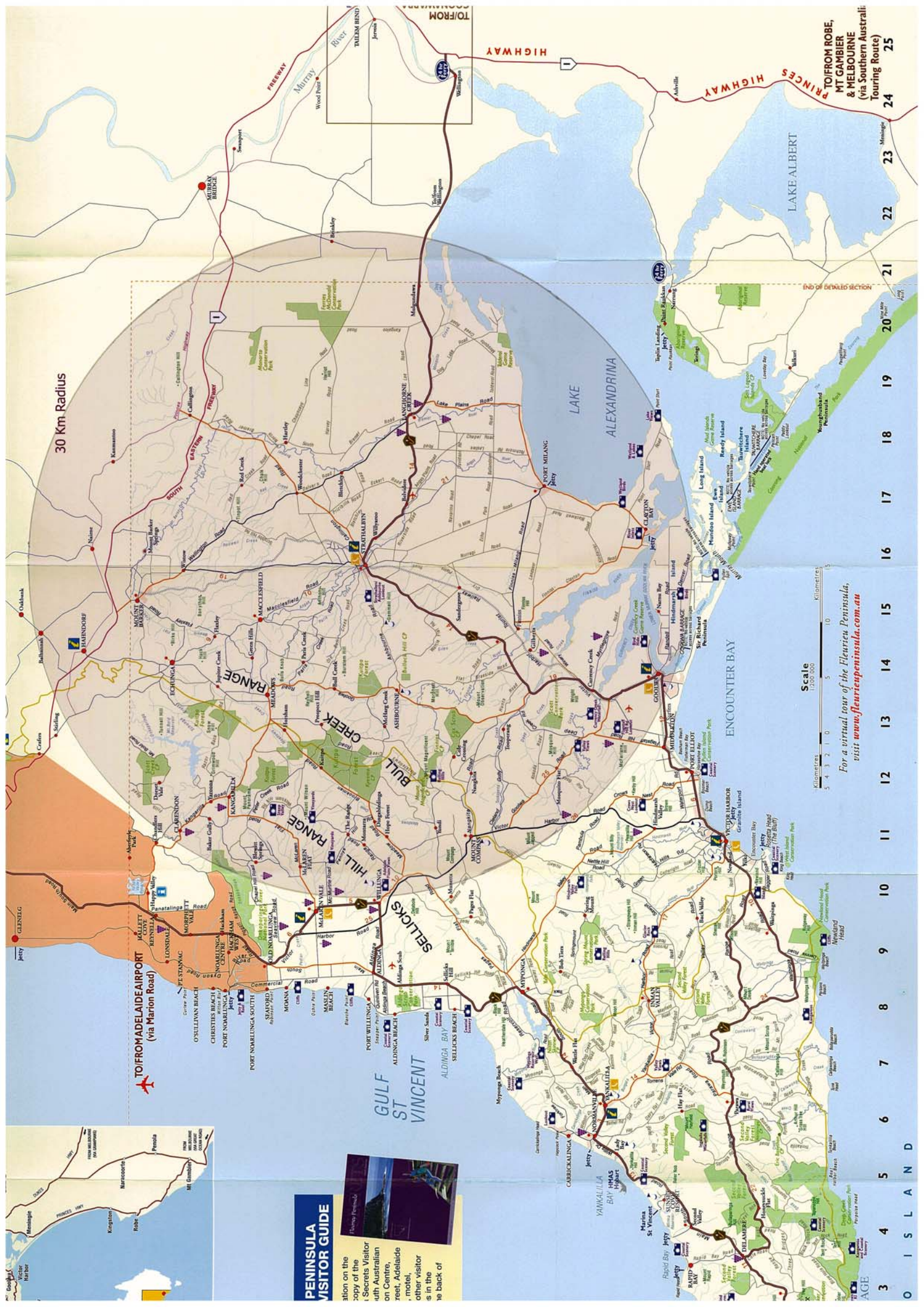


The Journey to Date - Country Life Community Care Inc

- The next steps for us via this workshop are:-
 - to confirm the service gaps we think we have identified, and
 - explore how best to meet them with an initial set of services and
 - discuss who (your organisation?) might be able to assist in doing that - in a sense we're here to explore how we can help you - the service provider - do your job more effectively with this facility
 - To construct the business plan and win letters of support & project partners to support application

The Journey to Date - Country Life Community Care Inc

- Some qualifiers:
 - The 4.3% response rate we received to the community needs survey we are told is slightly above average (3% ?) for open surveys of this nature; there is no other data source than ours on the issues surveyed
 - We value highly your interpretation of our findings, since you are the ones with expertise in the provision of General services to the community and so have a valuable (longer-term?) perspective to contribute
 - Since our conclusions (Gaps) are based on "bottom-up" survey data, there may well be "top-down" perspectives that have been missed, and are important - please help! We're here to learn.
 - The concept we offer is to manage/coordinate use of a suitably equipped facility (electronic whiteboards, IT smart etc) from which to deliver a set of community services.



30 Km Radius



For a virtual tour of the Fleurieu Peninsula, visit www.fleurieupeninsula.com.au

PENINSULA VISITOR GUIDE

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TO/FROM ROBE, MT GAMBER & MELBOURNE (via Southern Australi Touring Route)

HIGHWAY 1

PRINCES HIGHWAY

TO/FROM ADELAIDE AIRPORT (via Marion Road)



Country Life Community Care Inc.



innovating community services workshop

Together We Can - Life Connections

Country Life Community Care Inc.
PO Box 74, Strathalbyn SA 5255



www.ecsm.org.au/clcc.htm

community

Country Life Community Care Inc.



Vision

- To provide Care, Assistance and Strategic Services to people in the Fleurieu and Murraylands Region.

Mission

- Country Life Community Care will provide high quality support, care, assistance and training for individuals and families in the Fleurieu and Murraylands region thereby:
 - Contributing to recovery from distress, poverty and misfortune.
 - Enhancing the well-being of individuals and families.
 - Increasing the capacity of individuals and families to cope with, and adapt to, change.
 - Enhancing their well-being to achieve a more fulfilling and satisfying lifestyle.

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Country Life Community Care Inc.



The Heart of Country Life Community Care

- Community ownership - serving the people in the community, supporting one another, sharing the burden of struggles and challenges.
- Partnering to strengthen state and local government social infrastructure.
- Supporting positive outcomes that are sustainable over the long term.
- Providing a sense of value and worth within the community.
- Providing next generation of Community Care - Training & Prevention.
- Supporting a balanced approach to life (a holistic view of wellness - physical, emotional, spiritual, mental, social and occupational).

community

Community Needs Analysis



Community Services Gaps

- Clarify the perceived needs of families and community members in local area through community consultation.
 - Survey the local population (dedicated survey form distributed through multiple points - community groups, local business, individuals, school, newspaper and children's centres).
 - Initial survey distributed October/November 2006.
 - 4,040 survey forms distributed, 174 returns (4.3% response).
- Survey data indicated gaps in services to the community.
 - Identified prominent issues that had limited or no local service delivery vehicle.
 - The resultant prominent survey categories included Relationships, Benevolent, Support, Life Skills, Counseling, Nutrition and Health.

community

Community Wellness



Category Groupings

- The survey categories are grouped under key headings to provide a model that simplifies the development of solutions.



community

Community & Agency Consultation



Providing Direction

- The consultative process is designed to provide a clear indication of what services exist and what services need to be developed.
- Professional interpretation of survey findings combined with knowledge of existing and future resources will ensure that CLCC puts into place an effective suite of services.
- All additional information will help mould workable and realistic solutions that are sustainable.
- The workshop is the first step in establishing agency partnerships so that CLCC can compliment what is already in place.

community

Country Life Community Care Inc.



innovating community services workshop

Together We Can - Life Connections


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Community & Agency Feedback




Workshop Process - Gap Analysis

- Understand the specific needs of the community and the categories in which they are grouped.
 - Broad overview of the results from the initial survey.
 - Additional feedback.
- Clarify the services currently being provided to meet those needs.
- Identify the current gaps in delivery and their impact to the community.
- Prioritise where the greatest needs are.

community

Community & Agency Feedback



Workshop Process - Solutions Creation

- Develop potential solutions utilising the CLCC initiative.
 - Resources required and those being made available.
 - Partnering with agencies - support and guidance.
 - Future training opportunities, mentoring.
- Identify first step for the solution and an indicative timeline.

community

Progression of Initiative



community

Development of Suite of Services

- Summarise services needed to meet the immediate needs of the community.
- Identify resources and logistics to put into place, timelines.
- Community & agency partnering.
 - Acquiring letters of support for the initiative.
 - Suggestions and guidance for potential funding.
 - Other support available (training, community awareness sessions, mentoring...)
- Refine development strategy.



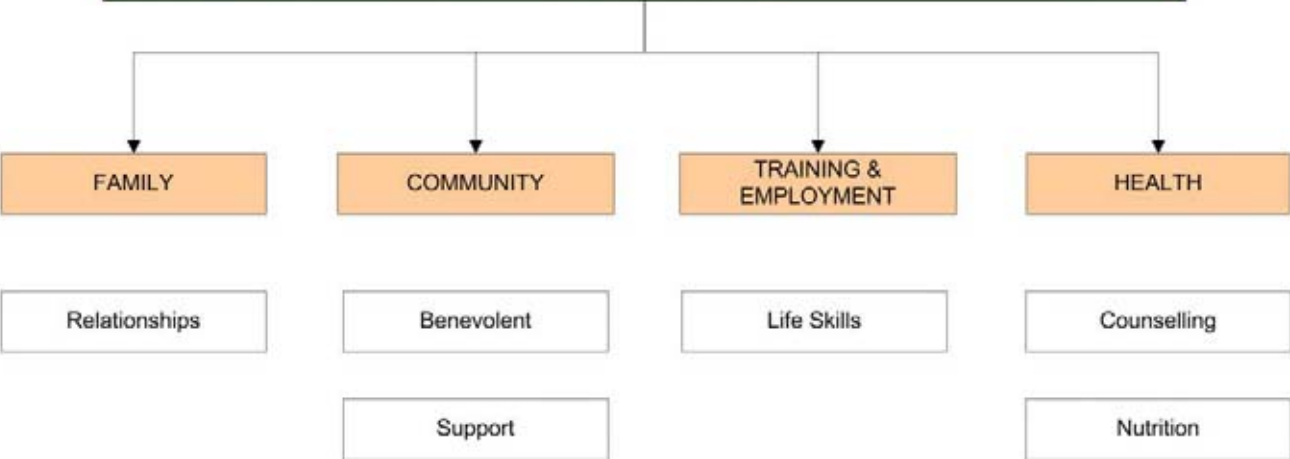
Country Life Community Care Inc. - Gap Analysis Summary

(Issues identified by the community where services are not adequately meeting the needs of the community.)

Community Health Category	Community Issue	Services Available Locally			Service Provider
		Strathalbyn	Mt Barker (20K _m)	Other Areas (Milang 16K _m)	
Family Includes survey category: <i>Relationships</i>	A place to meet others.	Yes			Coffee Connect at Jack's Café
	Child behaviour management.	No	No		
	Child confidence and self-esteem.	No	No		
	Relationships.	No	No		
	Building a stronger marriage.	No	No		
	Building stronger relationships with your children.	No	No		
	Building stronger relationships with your friends.	No	No		
	Building stronger relationships with your parents/in-laws.	No	No		
	Parenting.	No	No		
	Parenting support.	No	Yes		Adelaide Hills Community Health Service
	Parenting teenagers.	No	No		
	Misfortune relief.	No	No		
Community Includes survey categories: <i>Benevolent, Support</i>	Social worker.	No	Yes		Adelaide Hills Community Health Service (Does offer a home visiting service).
	Legal advice.	No	Yes		Legal Services Commission.
	Parenting groups.	Yes			Anglican Church.
	Support groups.	No	Yes		Mt Barker Family House.
	Adult community education.	No	Yes		Adelaide Hills Community Health Service.
	Budget information and support.	No		Yes	TAFE.
	Computer skills.	No	No		Milang Old School House Community Centre.
	Life skills.	No	No		Mt Barker Family House
	Toy library.	No	Yes		Mt Barker Library.
	Arts and culture.	Yes			Strathalbyn Stitches.
Training & Employment Includes survey category: <i>Life Skills</i>			Yes		Mt Barker Baptist Church.
				Yes	Milang Old School House Community Centre.

Community Health Category	Community Issue	Services Available Locally			Service Provider
		Strathalbyn	Mt Barker (20km)	Other Areas (Miliang 16km)	
Health Includes survey categories: <i>Counselling, Nutrition, Health</i>	Child counselling.	No	Yes		Child & Adolescent Health Service.
	General counselling.	No	Yes		Adelaide Hills Community Health Service (Long & Short Term Counselling).
	Family support and counselling.	No	Yes		Adelaide Hills Community Health Service.
	Feeding family on budget.	No	Yes		Adelaide Hills Community Health Service.
	Food preparation for allergies and behaviour management.	No	No		
	Community fitness.	Yes			St Andrews Hall & Anglican Church.
	Family fitness.		Yes		Adelaide Hills Community Health Service & Church of Christ
	Health, nutrition and exercise.			Yes	Miliang Old School House Community Centre
	Health services and support.	No	Yes		Miliang Old School House Community Centre
	Women's health and fitness.	No	Yes		Adelaide Hills Community Health Service.
Youth health and fitness.	No	No		Adelaide Hills Community Health Service.	

COMMUNITY HEALTH
Developing and promoting a positive state of personal well-being within the community.



SAMPLE LETTER OF SUPPORT.

Mr Lewis C. McMaster
Chairman,
Country Life Community Care Incorporated
P.O. Box 74,
STRATHALBYN
S. A. 5255

ABN: 79 308 107 710
Tel. +61 8 85 362 825:
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Email: admin@ecsm.org.au

Multipurpose Project - Community Service Centre

Dear Lewis,

I write to confirm the support of our organisation for the multipurpose project your team has developed as a platform from which to deliver community services into Strathalbyn and the surrounding regions.

The information you have provided, together with the *Innovating Community Services* workshop has been most informative and confirmed that your project is in line with our plans to provide quality services into the region. We also appreciate the opportunity to have stakeholders such as ourselves contributing to the management of the service to be delivered from your multi-purpose building facility.

Your facility, we believe, will generate opportunities for community services such as ours to be more accessible to the general community and to be sustained over a longer term. Permanent access to the facility will also permit the planning and development of new services for the region and in this way should contribute to building community capacity.

I wish you well in your application for Regional Partnerships funding and look forward to liaising with your team as you move forward to deliver services into the region.

Yours sincerely,

Name,
Title/Position



Country Life Community Care Inc. - Delegates List

Service Providers	Name	Position	Phone	Address	Email
Adelaide Hills Community Health Service					
Health Promotions Unit	Rosemary Badenoch	Health Promotions Officer	8393 1833		Badenoch.Rosemary@saugov.sa.gov.au
Nutrition & Dietitian Services	Anne Mole	Senior Dietitian	8393 1823	Wellington Road, Mount Barker	mole.anne@saugov.sa.gov.au
	Cassandra Worssam	Dietitian	8393 1823	PO Box 42, Mt Barker 5251	worssam.cassandra@saugov.sa.gov.au
	Michael Bebb	Program Manager Healthy Living	8393 1833		bebb.michael3@saugov.sa.gov.au
Alexandrina Council					
	Lee Bailey	Manager Arts & Lifestyle Services	8555 7000	11 Cadell Street, Goolwa 5214	lee.bailey@alexandrina.sa.gov.au
	Jo Cowan	Community Development Officer		PO Box 21, Goolwa	jo.cowan@alexandrina.sa.gov.au
C.L.A.S.S.					
Community Living & Support Services	Mark Kulinski	Chief Executive Officer	8536 3599	C/- Strathalbyn Council 1 Colman Tce, Strathalbyn 5255	
Covenant Family Church	Paul Glazbrook	Pastor	8552 4800	5 Enterprise Ave, Victor Harbor 5211	paul.glazbrook@bmi.org.au
Fleurieu Families	Leann Symonds	Co-ordinator Parenting Connections	8551 0542	City of Victor Harbor PO Box 11, Victor Harbor 5211	lsymonds@victor.sa.gov.au
Hills Community Passenger Network	Terina Edwards	Co-ordinator	8391 7246	PO Box 54, Mt Barker 5251	tedwards@dcmtbarker.sa.gov.au
Legal Services Commission of SA	Tara Simpson	Team Leader, Access Services	8463 3555	GPO Box 1718 Adelaide SA 5001	Simpson.Tara@saugov.sa.gov.au
	Bruce McCormack	Office Manager, Mt Barker		82-89 Wakefield St, Adelaide	
Milang Old School House Community Centre	Karyn Bradford	Co-ordinator	8537 0687	28 D'Aranda Terrace, Milang 5256	moshcc@bigpond.com
Murraylands Christian College	Bruce Hicks Wendy Cobiac	Vice-Principal (Secondary) Vice-Principal (Primary)	8536 3355	30 East Terrace, Strathalbyn 5255	
Relationships Australia	Shirley Callaghan	Regional Coordinator RASA Services South	8377 5400	Westfield Shopping Town 297 Diagonal Rd, Oaklands Park 5046	s.callaghan@rasa.org.au
South Central Area Consultative Committee	Vivian Goodenough Brenton Sinclair	Executive Officer Project Officer	8131 0133	85 Mt Barker Rd, Stirling PO Box 21, Stirling SA 5152	vgoodenough@southcentralacc.com projects@southcentralacc.com
South Coast Early Learning Program	Darlene Hill	Early Learning Fieldworker (DECS)	8552 4160	1 Oval Rd, Victor Harbor 5211	hill.darlene@saugov.gov.au
Southern Metropolitan, Fleurieu & Kangaroo Island, Employment & Training Services	Brett Mayne	Regional Coordinator	8326 6511	5209 Main South Road, Morphett Vale SA 5162	b.mayne@ssbec.com.au
Strathalbyn Children's Centre	Doreen Young	Director	8536 4242	1a Burkett Drive, Strathalbyn	child.centre@strathoutkn.sa.edu.au
Teen Challenge	Kylie Willison Jenny Kay	Regional Director Regional Director	8531 2851	18 South Tce, Murray Bridge 5253	tomb@lm.net.au
Y.M.C.A. of South Australia	Chris Bishop	Operation & Business Development Manager	8200 2500	PO Box 20, Fulham Gardens 5024	chris.bishop@ymca.org.au



Country Life Community Care Inc. - Delegates List

Members Of Government	Name	Position	Phone	Address	Email
Alexandrina Council	Cr Anne Woolford	Deputy Mayor Ward - Strathalbyn	8555 7000	11 Cadell Street, Goolwa 5214 PO Box 21, Goolwa 5214	
	Cr Trent Rusby	Councillor Ward - Strathalbyn	8555 7000	11 Cadell Street, Goolwa 5214 PO Box 21, Goolwa 5214	

Emmanuel Christian Schools & Ministries (ECSM)	Name	Position	Phone	Address	Email
	Nigel O'Reilley	Director			noreilley@ecsm.org.au
	Gail O'Reilley	Council Member			
	Heather McMaster	Council Member			
	Lesley Revell	Council Member			

Country Life Community Care (CLCC)	Name	Position	Phone	Address	Email
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